

Who Can I Call If I Have a Breastfeeding Question?

Peer counselors, Kent County MSU Extension

336-3265

What: Breastfeeding support from women who have breastfed and been trained as peer counselors.
Who: Any low income pregnant or breastfeeding women in Grand Rapids or surrounding areas.
Location: In client's home, at hospital, or by phone.
Cost: None

Amanda Stuart, BA, SW, CLC

475-3851

What: In-home breastfeeding support, help and information. Services also offered in Spanish.
Who: Any pregnant or breastfeeding women in Grand Rapids or surrounding areas.
Location: In client's home or other location of client's choice.
Cost: \$35/prenatal visit, \$50/postpartum visit. (Postnatal visits include telephone follow-up and communication with healthcare providers as authorized by client.) Payment due at time of service.

baby beloved, Inc.

Jamie Gortsema, RN, IBCLC & Kelly Wysocki-Emery, RN, IBCLC
www.babybelovedinc.com

977-LOVE (5683)

What: Breastfeeding assistance and support, breastfeeding classes, breastfeeding supplies (bras, etc.), breast pump and scale rentals, corporate lactation programs.
Who: Any pregnant or breastfeeding women.
Location: In client's home or office.
Cost: Varies according to service. Priority Health, PPOM, Cofinity, and Aetna Insurance accepted. Blue Cross/Blue Shield of Michigan accepted for breast pump purchases.

La Leche League

24 hour toll-free helpline 1-877-452-5324

752-8300

What: Breastfeeding support via telephone and monthly support meetings throughout Kent County.
Who: Any pregnant or breastfeeding woman.
Location: Various sites throughout the county - see back of this page for locations, dates and times.
Cost: None (Memberships available to support La Leche League International)

Metro Health Hospital Lactation Services

252-7894

What: Assistance with breastfeeding questions via telephone. Breastfeeding Support Group Mondays 1:30-3pm
Who: Any breastfeeding woman.
Location: Metro Health Hospital
Cost: None

Saint Mary's Health Care Lactation Services

685-5602

What: Assistance with breastfeeding questions via telephone or outpatient clinic visit
Who: Any breastfeeding woman.
Location: Saint Mary's Hospital
Cost: \$60.00 per consult, insurance companies are billed

Spectrum Health Breastfeeding Outpatient Lactation Services

391-9437

What: Assistance with breastfeeding questions via telephone or outpatient clinic visit, breast pump rental and sales, bras and breastfeeding supplies
Who: Any breastfeeding woman.
Location: Spectrum Health Butterworth Campus, 100 Michigan NE
Cost: Billing available for all insurances. Charges will be discussed at the time the appointment is scheduled.

Kent County Health Department - WIC Program Breast Pump Request Line (voice mail only)

632-7008

What: Pumps are NOT issued prenatally. Requests for return to work or occasional pumping needs will be evaluated at scheduled WIC appointments. Please only leave a message here if you are in need of a pump due to latch problem/s or low milk supply and you require a pump before your WIC appointment.
Who: Breastfeeding WIC participants in Kent County
Location: In the client's WIC clinic.
Cost: None